



Chelmsford Youth Soccer

Coach's Season Info

Coaches – Key Thought



Kids are **NOT** likely to remember what you **said**, and they are not likely to remember what you **did** but they will always remember how you made them **feel**.

Season Overview



- Fall is the developmental season – **No playoffs**
- To ensure competitive games in the fall and for determining spring placements
- Many cross over games will take place – your MYSL age director will contact you about any schedule changes

Coaches



- Lead by Example:
 - The team will reflect your individual personality traits. If you are calm, the team will be calm. If you are positive, the players will be as well.
 - If you are negative or reactionary, the team will act similarly. **Be aware of your influence.**

CYSA Playing Philosophy



- All players **Should** have equal playing
- All players **Must** play at least 40%
- All players **Should** play all positions
 - @ Grade 7&8 they can start having more focused positions
- Player **Must** not play keeper all game (1 half only)
- All players **Should** play keeper
 - Unless player is afraid, or coach concerned about injury
 - @ Grade 7&8 the kids who play keeper are more defined
- **Why? → Player development over Winning**

Sportsmanship



- **Keep Game scoring under Control (Good Sportsmanship)**
 - If you are winning by 5 goals make changes to prevent a blow out
 - ❖ Remove a player - play one down (or 2 if needed)
 - ❖ Play ball control/keep away. Great opportunity to move the ball from side to side and back versus just forward. (including using the keeper)
 - ❖ Tell players to only shoot with their weak foot.
 - ❖ Play kids in positions that they normally do not play, development opportunity.
 - Winning by 8 or more goals could result in disciplinary action by MYSL

What's New - Rules



- Substitutions now allowed for any stoppage of play at the referee's discretion
- Coach's can now be given Yellow/Red cards

Equipment



- **Equipment**

- Pinnies must be not shared – assigned to a player (cleaned after)
- Players are asked to bring their own balls
- Each participant will be required to have their own water bottle, towel, and personal hygiene products (hand sanitizer, facial tissues, face coverings)
- Clean any equipment that could be touched
- Coaches will be provided with hand sanitizer
- **Extra First Aid Kit, Ice packs and pumps will be in each storage container**
- Ice Packs in the storage container at each field (lock code →1225) – low inventory, missing or broken items please contact – equipment@chelmsfordyouthsoccer.com

COVID & Coach Best Practices



- **The head coach is designated**

- Use the team roster to take attendance at each session – write the date on the roster for each session and check off the players and coaches who attend (kept for the entire season – support contact tracing)
- Jim McNally, CYSA President, is the COVID CYSA Point of Contact
- Coach should be the only one to handle cones, discs, and goals.
- Do not allow shared team snacks. Participants and spectators should only drink from their own container.
- No group celebrations, hugs, handshakes, fist bumps etc.

Logistics - COVID



- [Check out the Mass Youth COVID HUB – Important Documents Section](#)
- Mass Youth Soccer Guidelines that MUST be adhered to
- **Training officially starts the week of August 30th**
- **Logistics**
 - Leave Right away after session time – no hanging around or socializing
 - Spectators must only be from the team(s) participating – no staying or coming early to watch another session.
 - Keep 6 ft of distance between family units

CYSA Fields



- Fall 2021
 - Grade 3&4: Highland and South Row
 - Grade 5&6: South Row
 - Grade 7&8: Murphy and Harrington (& most games at the CHS Stadium)

CORI/SORI



- **CORI/SORI Requirements**

- Do you have your CORI Lanyard?
- Lanyards **MUST** be worn at **ALL** games
 - No Lanyard → No Sideline
 - No Coaches with Lanyards → No Game (forfeit by violators)
- For training, lanyards must be with you and available

MYSL Roster



MIDDLESEX SOCCER APPROVED ROSTER Fall Soccer - 2017

Town/Club: Chelmsford Youth Soccer	Age: GR 3-4 Girls Travel	Apprvd: 08/19/2017	Original:	Change:
Team Name: G34-1	Girls: X	Boys:	Shirt Color:	
League:	Team ID#: 122013	Div/Section: 2A		

	Coach	Phone	Email
1	John Roark	978-265-5430	johnroark@mac.com
2	Tim Flaherty	978-808-1869	tflaherty24@hotmail.com
3			

	Shirt#	Last Name	First Name	DOB	Grade	Town	Assigned
1	13	Barber	Eva	12/10/2007	4	Chelmsford	07/02/2017
2	4	Bierwirth	Anna	12/22/2008	3	Chelmsford	07/02/2017
3	25	Caires	Hayden	05/08/2008	4	Chelmsford	07/02/2017
4	30	Cairus	Brianna	10/02/2007	4	North Chelmsford	07/02/2017
5	22	Cannata	Brooke	03/16/2008	4	Chelmsford	07/02/2017
6	27	Flaherty	Maya	06/30/2008	4	Chelmsford	07/02/2017
7	45	Leonard	Kate	01/29/2008	4	Chelmsford	07/02/2017
8	5	martens	tyler	02/04/2009	3	chelmsford	07/02/2017
9	59	McDonnell	Olivia	09/07/2007	4	Chelmsford	07/02/2017
10	20	Roark	Alyson	12/17/2007	4	chelmsford	07/02/2017
11	18	Serpone	Sienna	04/03/2008	4	Chelmsford	07/02/2017
12	15	Tremblay	Sarah	05/02/2008	4	chelmsford	07/02/2017

Transfers:

1							
2							
3							

MYSL Registrar Verification	Date
MYSL Boys/Com Verification	Date
MYSL Girls/Com Verification	Date

Coach's Signature	Club/Town Certification
I certify that I will comply with Soccer and MYSL rules, playing rules, & Coach's Code of Conduct, and know the penalties for non-compliance.	All players and all coaches/managers meet all Soccer & requirements for affiliation and playing age, and the town/club is properly affiliated.
Coach's Signature _____	Signature _____

Referee:	Sched. Date:	Actual Date:
Opposing Team:	Winner:	Score:

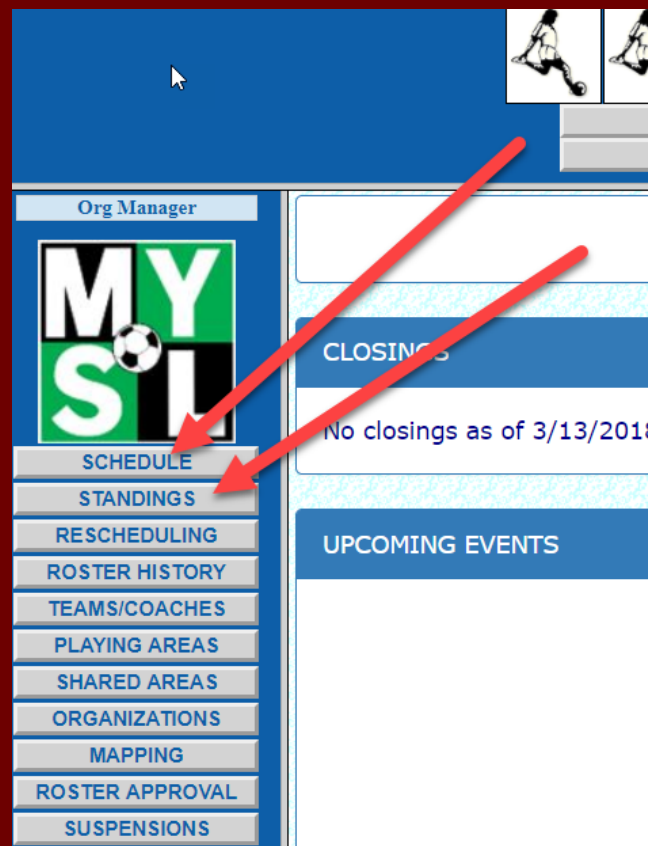
- Have two SIGNED copies of your roster to give to the ref at the start of each game
 - Suggestion – make 25 copies now, fold and put in a gallon Zip-lock bag (waterproof) in your equipment bag
- Medical Roster will be provided as a reference only – no parent signature required

MYSL



- **[MYSL Home Page](#)**
- Divisions and Laws
 - 5 divisions with D1 being the highest
 - Each division has up to 4 sections (A to D)
 - All sections in a division are the **SAME**
 - Sections created due to **QUANTITY** of teams **ONLY**
- MYSL Age Directors
 - Your key contact to the MYSL league
 - Age Director is based on age, gender & division
 - **[Click here](#)** for MYSL names & contact info (Board/Management tab)

Navigating MYSL



- **MYSL Website**

- Schedule and Standings link on left menu
- Schedule Page
 - Use filters to find your team
 - Click View Schedule after filtering
 - Click ? To get coach contact info and field directions/address
- Standings Page
 - Use filters to find your team
 - Position in Division
 - Head-to-Head Scores

Navigating MYSL



- MYSL – Schedule Page

Chelmsford Youth Soccer | Fall Soccer | U12 Girls Travel | ALL DIVISIONS

All Teams | 2014 | All Areas

Game Type | All Games

Display Team Mng./Location Info 8/11/2014 TO 11/8/2014 Changed Since 8/1/2015

Print View | Coach Schedule | Game Number | Time Range | Day of Week

27 Games View Schedule

Date/Time	League	Game	Home	Away	Location	Type
? Sat 9/6/2014 9:00 AM	U12G-1A		Chelmsf-1A GU12-1 - 3	Billier-1A G12-1 - 0	Chelmsf Highland 1 (U12)	Season Game - #922986

Team Mng. Info: Billier-G12-1 Head Coach - **Julie McCarthy** jmrocks8@comcast.net (H)9786633066
Chelmsf-GU12-1 Coach - **Joseph LoCoco** jlococo9@gmail.com jlococo9@gmail.com (H)978-244-0258
Chelmsf-GU12-1 Asst. Coach - **Denise Angwin** dangwin9508@comcast.net (H)978-290-3257
Chelmsf-GU12-1 Asst. Coach - **Jennifer Brown** jbrown@waveguidefiber.com (H)978-256-5568
Billier-G12-1 Asst. Coach - **Marty McElhinney** lauram@stonehamdentist.com Lauraandmarty23@gmail.com (H)978 667-9158 (W)781438*3199 (C)617-921-8920
Billier-G12-1 Asst. Coach - **Carol MacLeod** carolmac27@verizon.net (H)978-663-5866 (C)508-574-6442

Chelmsf Highland 1 (U12) Info: Address - Fiske Ave
Directions - [Directions](#)

Created on: 08/16/2014 7:11 AM Last changed on: 08/16/2014 7:11 AM

Ref Info: **AR1:** Assigned-Accepted **AR2:** Assigned-Accepted **Referee:** Assigned-Accepted

Navigating MYSL



- MYSL – Standing Page

Standings are by Points and Ties are by Head To Head [New Standings](#)

2017 Fall Soccer GR 3-4 Girls Travel (119 Teams)

GU10 Div 1 (12 Teams) GU10 Div 2 (8 Teams) GU10 Div 3 (16 Teams) GU10 Div 4 (19 Teams) GU10 Div 5 (12 Teams)

Sel Divisions ALL 1A (6 Teams) 1B (6 Teams) 2A (8 Teams) 3A (8 Teams) 3B (8 Teams) 4A (10 Teams) 4B (9 Teams)

Click on team name for head-to-head summary **Grades 3-4 Girls Travel U10** Click here for all head-to-head summaries
Max Games to Count = 10 Click here for all weekly head-to-head summaries

Rank	Team	Div	Wins	Losses	Ties	Points	Win %	Unscored	Played	To Play	Cnld	For	Against
_____	Totals		0	0	0	0	0.00%	0	0	0	0	0	0

Head-to-Head Summaries

Team	Game 1	Game 2	Game 3	Game 4	Game 5	Game 6	Game 7	Game 8	Game 9	Game 10
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Travel General Info.



- Grade 3&4 plays 7 v 7
- Grade 5&6 plays 9 v 9
- No heading until you get to Grade 7&8
- Offsides at every level in travel
 - Note: Grade 3&4 will only have Center Refs

Game Cancellations



- How:
 - Fields are closed by CYSA (by 8 AM) – check web site
 - If fields are declared open in the morning and the weather or fields are an issue later in the day, the Referee is the only authorized person to cancel the game – this is determined **at the time of the game – teams must go to the field for a decision.**
 - Games **CAN NOT** be cancelled by an agreement between the **two coaches**

Games



- Score the game – the home team head coach will get an email the following day to score the game – only score the game – do not put in any comments
- Coach will get an email for referee eval – if you have any issues with a Chelmsford referee (Center for Grade 3&4 and ARs for older ages) please reach out to Chris Milona directly and do not submit a negative evaluation from the email

Resources



- CYSA Website
 - [Under Resources / Coaches](#)

TRAVEL COACH INFORMATION

- Travel Coach's Checklist
- Travel Coaches Meeting Presentation (PowerPoint format with full content)
- Travel Coaches Meeting Presentation (PDF format, missing embedded content)
- Travel Coach's Training Guide
- MYSL Coaches Handbook and Rules - 2017-2018
- MYSL Coaches Meeting Presentation - Spring 2018
- MYSL Game Cancellation Request Process
- MYSL Rescheduling Process
- MYSL Town Player Pass Process



Coach's Checklist

Resources



- CYSA Website
 - [Under Resources / Training](#)

TRAINING LINKS

- [NEW Training Method - Play- Practice-Play](#)
- [MA Youth Soccer Session Plans](#)
- [US Youth Soccer](#)
- [Expert Football - Soccer Techniques](#)
- [Jeff Pill's Drills](#)
- [Fine Soccer](#)

Unique Rules – Grade 3&4



- **Goal Kicks**
 - Opposition players to retreat into their own half of the playing field on goal kicks. US Youth Soccer recommends that opponents should remain in their own half until the ball is in play. The team taking the goal kick does not have to wait for the opposition to retreat and has the option to restart the game beforehand should they so choose. The ball is in play when it is kicked directly out of the penalty area.
- **Punts**
 - Keeper distributions (punts, drop kicks and throws) may not travel in the air over the halfway line. An Indirect free kick from midfield is awarded to the other team if this happens.

Referee Notes



- Subbing from centerline only
- Coaches and players must be at least 10 yards from the midline, other than players being subbed
- Tell players to **ALWAYS** bring both shirts
 - Coaches – bring pinnies just in case players forget to bring both shirts
 - Home team is responsible for resolving uniform color issues

Referees & Parents



- Referees:
 - Coaches should not be addressing the referee during a game
 - If there is an issue, discuss it at halftime (calmly - it should only be about safety or clarification on a rule)
 - There is a zero-tolerance policy with respect to any referee abuse (verbal or otherwise)
 - The referee is given the benefit of the doubt – not the coach
- Parents:
 - Encourage parents to cheer, but not coach from the sideline
 - Address any issues right away

Schedule



- **CYSA Training Schedule**
 - Training schedule managed by Patti Goodwin
 - Training can start any time – officially when schedule is released
- **MYSL Game Schedule (Game 1 – 9/11/2021)**
 - Schedules are released 1 week before the 1st game (9/4/2021)
 - 9 Game Season (Standard Games on Columbus Weekend)
 - Check and validate online schedule every week (can change)

Schedule



- Makeup Games – Fall – All games managed directly w/CYSA
 - Weeknights and Sundays for all age groups (Sundays to work around daylight and travel issues)
 - Original schedule having a game on a weeknight is just a place holder and this game **MUST** be rescheduled
 - Start re-schedule process **NOW** – with the rapid loss of daylight the earlier makeup games are scheduled the better
 - See Appendix for details on Odd Team Brackets

MYSL Player Pass Process



- Please read – **NEW MYSL player pass process**
- Highlights & Key Points - Start process early in week
 - Player's own team takes priority
 - Player **MUST** play both games (both coach and player say OK)
 - Why Play Up? → not enough players or reward and opportunity
 - More Flexible this fall due to the current situation
 - **ONLY PLAY FOR 1 OTHER TEAM (2 GAMES MAX ON SATURDAY)**
 - **See Appendix for more details**

MYSL Rescheduling Process



- Managed by the Home Team Coach.
- Agree on a date/time with the away coach – start time in the spring should be 6 PM or later
- MUST have a field & referee with CYSA before starting the MYSL process
- CYSA Field Assignor
 - Patti Goodwin (field_assignor@chelmsfordyouthsoccer.com)
- CYSA Referee Director
 - Chris Milona (referees@chelmsfordyouthsoccer.com)
- **Games have field priority over practice sessions**
- **See Appendix for ALL details**

Game Cancellations



- Examples allowed for cancellations
 - School Event
 - School trip
 - Religious activity
 - Many kids on the team in a sanctioned tournament
- Examples NOT allowed for cancellations
 - Kids on vacation
 - Missing my best players or players being injured
 - Holiday
- [MYSL Cancellation Request Process](#)
- Not enough players use the Player Pass process and start this early in week!!!!!!

Challenger Coaching - Training



- **Training Plans:**
 - Focus will be on newer coaches and younger age groups
 - Schedules coming soon
 - **Available only 2 days per week – priority is in town**
- **CYSA Coach Expectations for Training:**
 - A few days before your training session reach out to the coach about your training needs
 - During the Training – stay engaged – coach with the coach
 - Treat this as an opportunity for both you and your team

Challenger Coach



CHALLENGER SOCCER ACADEMY

UNDER
ARMOUR
OFFICIAL PARTNER

Anderson King

Coaching Background: I have experience with high school and middle school aged children. I have 6 years of total coaching experience. Within my first 5 years of coaching high school soccer we won 2 state championships in the Indiana Christian league. I coached JV and goalkeepers. I also have 2 years as a referee.

Playing Background: 14 total years of playing soccer. 6 years were as goalkeeper. I started when I was 4 years old and never missed a season until high school. I was trained by professional players in a MLS superstar camp near Chicago. I was coached by Brad Friedel to be a goalkeeper. In my high school years I scored 22 goals in an 11 game season. That record was only broken by the players I later coached.

Personal Information:

Age: 29

Hometown:

Valparaiso, IN
(lives in Austin, TX)

Education:

Valparaiso HS, 2011
US Army Infantry,
2012-2013

Hobbies: Video games and touring new cities/landscapes

Food Likes: Most food. Chinese and Mexican are by far my favorites.

Food Dislikes: Pickles and olives

Cell: 219-252-8493

E-mail: KingA11592@gmail.com

WWW.CHALLENGERSPORTS.COM

800.878.2167

Travel Coach Shirts



- New Travel Coaches - Travel Coach Shirt
- Visit Center Sports to be sized
- Provide Drew @ Center Sports your Name
- Pick up when Drew specifies
- Paid for by CYSA
- Look professional and easily identified as the coach

CYSA – Key Take Away



PLEASE REMEMBER

- 1. THESE ARE KIDS**
- 2. THIS IS A GAME**
- 3. THE COACHES ARE VOLUNTEERS**
- 4. THE REFEREES ARE HUMAN**
- 5. THIS IS NOT THE WORLD CUP**

Questions / Comments ?



Thank you!!!

&

Thank you for coaching!!!



Chelmsford Youth Soccer

Appendix

Game Changer Team Manager App



- Team Manager by 'Dick's Sporting Goods'
- It connects/syncs with your team pages

The screenshot shows the GameChanger Team Manager app interface. At the top, there's a green navigation bar with the text "GAMECHANGER TEAM MANAGER" and "BY DICK'S SPORTING GOODS". To the right of this bar are menu items: "Live Video", "Scorekeeping", "Team Management", "Brand Anthem", and "Help".

The main content area has a white background. On the left, under the heading "TEAM MANAGEMENT", is a large section titled "Streamline your team communication" with a small "LSEP" icon. Below this title is a list of features:

- Stay on top of your team with messaging and alerts
- Keep track of events with scheduling & calendar sync
- Share exciting moments with photo sharing
- Return to play safely with our Health Tracker

On the right side of the screenshot, there are two smartphone screens. The front screen shows a messaging thread for "Jamestown Broncos U8". The messages include:

- From "Barber Hilbert": "We're going to be at another field tomorrow. Please make sure you can make it and update your RSVP." (with an "RSVP" button)
- From "Ariel Ramirez": "I can get out of work a little early tomorrow night to set up the field." (with a "Going" button)
- A blue bubble: "I'll be running late but I'll make it!" (with a "Delivered" status)

The back screen shows a calendar view for "JUN 25" with a "Metts" event titled "vs. Braves" from "3:30 - 5:00 PM". It includes "going" and "RSVP" buttons, a "Score Game" button, and a "Starting Lineup" section.

At the bottom left of the screenshot, there is a testimonial from "Jeremy Dordt" with a small profile picture: "The new Team Manager is top notch! Great app and perfect way to keep in touch with team and family, schedule, stats, messages..."

Games – Odd # of Teams



- Brackets with Odd Teams (Mid week games)
 - No Saturday game for one of the weeks
 - Home team must use reschedule process – scheduled game shown is just a placeholder
 - Limited impact for the upcoming season
 - If impacted – start the rescheduling process ASAP

MYSL Rescheduling Process



1. Managed by the Home Team Coach.
2. Email the away coach using and suggest three dates/times. Use your practice nights.
 - Makeup games take priority over all practices for field use
3. Agree on a date/time with the away coach
4. Email CYSA Field Assignor, [Patti Goodwin\(field_assignor@chelmsfordyouthsoccer.com\)](mailto:field_assignor@chelmsfordyouthsoccer.com) and CYSA Referee Director, [Chris Milona\(referees@chelmsfordyouthsoccer.com\)](mailto:referees@chelmsfordyouthsoccer.com) with the requested date/time.
 - They both must approve the request (field and referee availability)
5. **Once approved by the CYSA Field Assignor and the Referee Director** – use the MYSL process email with link sent only to the **home team head coach**



Coach Education



- **Better coaches make better players**
- Coach training will help ensure that the kids enjoy their time on the pitch while advancing their knowledge of the game
- Learning pathways
 - United States Soccer Federation (USSF)
 - Licenses: F, E, D, etc.
 - United Soccer Coaches (USC) [formerly NSCAA]
 - Diplomas: 7v7/9v9, 11v11, National, Advanced National, Goalkeeping
- Conferences: MYSA Workshop; Soccer Champions Coaches' Clinics; USC Convention
- **CYSA will reimburse you for USSF and USC courses**
- Contact: training@chelmsfordyouthsoccer.com for additional advice